

# QA Enhancement Webinar

## “METHYLATION AND THE INNATE IMMUNE SYSTEM”

### IMMUNE-1: CLINICAL PROCEDURE

When Testing for Nutritional Need in **QA 5, QA 6, QA 8b, QA 8d, QA 9, QA 17, or QA 19:**

1. If **Weak Muscle Strengthens with the Activated Form of Folic Acid (5MTHF) and/or B12** (Hydroxo, Methyl or Adenosylcobalamin) in Mouth
  - a. **Check for Improvement of Indicator\*** with Nutrient Identified in Mouth
  - b. **If Indicator** (or Lab Test) **Supports** MMT Response: **Supplement** with Nutrient(s) Identified
  - c. **If Indicator** (or Lab Test) **Does Not Support** MMT Response: **Do Not Supplement AND Recheck During Subsequent Visit**
2. If **Weak Muscle Strengthens with the Inactivated Form of Folic Acid and/or B12** (Cyanocobalamin) in Mouth
  - a. **Check for Improvement of Indicator\*** with Nutrient Identified in Mouth
  - b. **If Indicator** (or Lab Test) **Supports** MMT Response: **Supplement** with Nutrient(s) Identified
  - c. **If Indicator** (or Lab Test) **Does Not Support** MMT Response: **Do Not Supplement AND Recheck During Subsequent Visit**
3. If **Weak Muscle Strengthens with the Activated AND Inactivated Forms of Folic Acid and/or B12** in Mouth
  - a. **Check for Improvement of Indicator\*** with Nutrient Identified in Mouth
  - b. **If Indicator** (or Lab Test) **Supports** MMT Response: **Supplement** with Nutrient(s) Identified That Also Changes Indicator
  - c. **If Indicator** (or Lab Test) **Does Not Support** MMT Response: **Do Not Supplement AND Recheck During Subsequent Visit**

\* Pain, ROM, Romberg, 1 Foot Stand, 1 Foot Romberg, etc.; CBC or Other Lab Test